

Primary Schools - Three Choice Banded Menu

Jacket Potato

From November 2013

MATERIA AAIL NI 3	nd Dec • 6th Jan • 27th Jo	201/ 1746 Eab .	17th March - 7th April
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti Bolognaise (H/M)	Chicken Bites & Tomato Sauce (H/M)	Minced Beef Pie (H/M)	Roast Gammon & Pineapple	Crispy Fish Fingers
Cheese Pasty (H/M) (V)	Fish Pasta Bake (H/M)	Cheese & Potato Layer (H/M) (V)	French Bread Pizza (H/M) (V)	Vegetable Chilli & Rice (H/M) (V)
Jacket Potato with Tuna	Jacket Potato with Beans (V)	Jacket Potato with Tuna	Jacket Potato & Beans (V)	Jacket Potato & Cheese (V)
Potato Wedges Garlic Bread	Creamed Potatoes Crusty Bread	Diced Potatoes	Roast Potatoes	Chips
Baked Beans Sweetcorn	Carrots Garden Peas	Broccoli Sweetcorn	Cauliflower Cabbage	Mushy Peas Carrots
Orange & Lemon Sponge & Custard Chocolate Crispy Bun	Jam Whirl & Strawberry Sauce Oaty Biscuit & Milk	Apple Flapjack & Custard Ice Cream	Syrup Sponge & Custard Viennese Whirl & Juice	Bakewell Tart & Custard Chocolate Muffin

WEEK 2 – 18th Nov • 9th Dec • 13th Jan 2014 • 3rd Feb • 3rd March • 24th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Shepherd's Pie (H/M)	Chicken Curry & Rice (H/M)	Meat & Potato Pie (H/M)	Roast Pork with Apple Sauce	Crispy Battered Fish
Tomato Pasta Bake (H/M) (V)	Cornish Pasty (H/M)	Cheese & Tomato Pizza (H/M) (V)	Vegetable Lasagne (H/M) (V)	Quorn Sausage & Bean Slice (H/M)(V)
Jacket Potato with Tuna	Jacket Potato with Cheese (V)	Jacket Potato with Beans (V)	Jacket Potato with Tuna & Sweetcorn	Jacket Potato with Cheese (V)
Potato Wedges Garlic Bread	Naan Bread	Roast Potatoes	Creamed Potatoes	Chips
Broccoli Sweetcorn	Cauliflower Carrots	Mushy Peas Sweetcorn	Broccoli Carrots	Garden Peas Baked Beans
Chocolate Sponge & Chocolate Sauce Jam & Cream Turnover	Australian Crunch & Custard Fruit Jelly	Toffee Apple Sponge & Custard Shortcake Biscuit & Milk	Jam Roly Poly & Custard Gateaux	Pineapple Shortcake & Custard Butterfly Bun & Juice

WEEK 3 - 25th Nov • 16th Dec • 20th Jan 2014 • 10th Feb • 10th March • 31st March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lasagne (H/M)	Sausage & Yorkshire Pudding	Beef Burger in a Bun	Roast Chicken with Sage & Onion Stuffing	Crispy Battered Fish
Chicken Wrap	Cheese Flan (H/M) (V)	Italian Pasta Bake (H/M)	Tuna Melt (H/M)	Pizza Pinwheel (H/M) (V)
Jacket Potato with Tuna	Jacket Potato with Bolognaise (H/M)	Jacket Potato with Cheese (V)	Jacket Potato with Cheesy Coleslaw (V)	Jacket Potato with Baked Beans (V)
Garlic Bread Diced Potatoes	Creamed Potatoes	Potato Wedges	Roast Potatoes	Chips
Carrots Green Beans	Baked Beans Broccoli	Sweetcorn Garden Peas	Cabbage Carrots	Mushy Peas Sweetcorn
Cornflake Tart & Custard Ice Cream	Chocolate Orange Sponge & Chocolate Sauce Strawberry Mousse	Rice Pudding & Jam Cupcake & Juice	Fruit Crumble & Custard Devon Splits	Iced Sponge & Custard Chocolate Cookie & Milk

Salad, Fresh Fruit, Yoghurt and Milk are all available every day.

H/M – Homemade V – Vegetarian

- All food oven baked (including potato products) wherever possible.
- Bread available daily without spread.
- All desserts are made on the premises.

